10 Tending the Spirit
Feeding the soul is as essential to human life as feeding the body.
FR. STEPHEN T. REHRAUER, CSsR

16 Pete Fountain
A Closer Walk With Thee
An interview with jazz great Pete Fountain unveils the gift of spiritual sustenance in spite of trials and tribulations.
FR. BYRON MILLER, CSsR

22 Enrich Your Spirit With Devotional Reading
Authors of devotional books are success coaches for your spiritual life.
MARY MCDONALD

26 A Compelling Invitation
Confirmation offers us the grace to embrace our baptismal and eucharistic commitments more profoundly.
MARY LOU BOZZA

30 Threads of Time
Meditation
JOANNE BENNARDO

32 Broken Glass and Mended Hearts
Fiction
LINDA BERKERY

2 From the Publisher
Our best intentions may unravel, but that doesn’t mean we should disregard the original intent.
VIRGIL TIPTON

5 From the President
What is the best balance of spiritual nourishment?
FR. DONALD B. WILLARD, CSsR

6 Just Live It
No one has an unlimited supply of emotional, spiritual, and physical energy.
KATHLEEN M. BASI

8 Plain Talk
We are experiencing a “golden age” of parish religious-education programs.
FR. BRUCE LEWANDOWSKI, CSsR

20 Symbols That Surround Us
We make countless processions to, from, and within church.
JOHAN VAN PARYS